

SUGGESTED Summer Reading for AP Psychology

To read any of these books will lend insight both into yourself and into the study of psychology. Enjoy your reading. We will discuss what you have learned the first day of class and refer to these texts from time to time. No logs, quizzes, or essays. Also, you may wish to pick up a set of flashcards for AP Psychology.

Daniel Goleman: Personally useful information as well as current science.

Emotional Intelligence

Social Intelligence

Jill Bolte Taylor: Brain science with a narrative angle, her inside story of experiencing a stroke and recovering from it.

My Stroke of Insight

Oliver Sacks: A physician describes unusual psychological symptoms and their unusual physiological causes.

The Man Who Mistook His Wife for a Hat

Carl Jung: Science and philosophy.

Personality Types

Man and His Symbols